

Australia Winter Elite Program 2008/9



Elite Coaching
Golf Academy

You want 2009 to be YOUR year..??

Are you

A young tournament professional or elite amateur player?

Interested in using the winter to build your skills to make 2009 the year you dream it to be?

Formula One teams use the winter to build a better car for the following season. This is your chance to build a better golf game, so when you play next season, you don't only play with hope and ambition, but you're also armed with *competitive confidence*, the skill all winners possess



Elite Coaching wants to offer the best coaching program available for ambitious golfers

Elite Coaching provides

- The long-term plan required to become and remain a successful Tour Player
- Years of experience in coaching elite players, and working together with home or national coaches to the benefit of the player
- Experienced instructors who are experts in their field
- The best infrastructure and technology available
- A multi-cultural learning environment
- Emphasis on personal development and integrity of the sport



The Key Elements of Elite Golf Coaching

TECHNIQUE

Developing Swing Identity
Repetitive & effective shot making
K-VEST video- & 3D biomechanical analysis
SAM Putting Lab

MENTAL

Competitive Confidence
Concentration & Focus
Vision & Success Mentality

MANAGEMENT

Practice specificity
Tournament preparation and analysis
Course strategy

PHYSICAL

Corrective physiology
Strength and flexibility
Conditioning

CHARACTER

Discipline, Dedication, Desire and Determination
Perseverance



Our Coaching Team in Australia



Jonathan WALLETT
MGCP PGA
Elite Performance Coach

Jon is a certified and qualified Sport Psychology expert, and a member of the British, European and Swiss PGA. Jon has directed golf academies in the UK, Switzerland and Australia, and taught golf in Japan, Australia, UK, Switzerland and France. He has been written many teaching articles for different golfing publications and has been the author of a host of different videos, DVDs and mental training CDs. Jon was formerly coached by one of the worlds leading coaches, Denis Pugh, from 1992 to 1997, and attributes many of his teaching theories learnt from this outstanding coach. Jon says, "Our main job as coaches is to improve performance. At our disposal we use a whole host of tools and therapies, and do not employ a one angled approach – we adjust our coaching to our students, not ask our students to adjust to us".



Josh MEYER
Golf Specific Physiotherapist

Together with Marco, Josh created 'Xfactor Golf', which is a specific golf physiotherapy program and clinic. Having graduated as a physiotherapist 7 years ago, Josh has specialized in the physiological improvement and development of many top golfers, and has been working together with Elite Coaching Golf Academy for 3 years.



Marco RENAI
TPI Certified fitness instructor

Marco has a long history in strength and conditioning training, and is a TPI certified golf fitness instructor. He screens and assesses all the students which provides a measurement of the players physical ability and potential for improvement. Together with Josh, they develop a specific strength, flexibility conditioning exercise programme. This specialised programme provides unique methods of training and exercise designed to enhance golfing performance.

Our base – Royal Pines Resort, Gold Coast

ROYAL PINES RESORT – GOLD COAST (November – April)

We are located at the prestigious Royal Pines Resort, located on the Gold Coast, Australia. Royal Pines has been host to many international golf tournaments, and currently hosts the Ladies European Tour ANZ Masters each February.

- 27 hole championship course – 3 course combinations
- Private driving range and short game facility only open to hotel guests and members
- Leisure club with gym, tennis and swimming pool

For further information about the resort, please visit www.rpr.com.au.



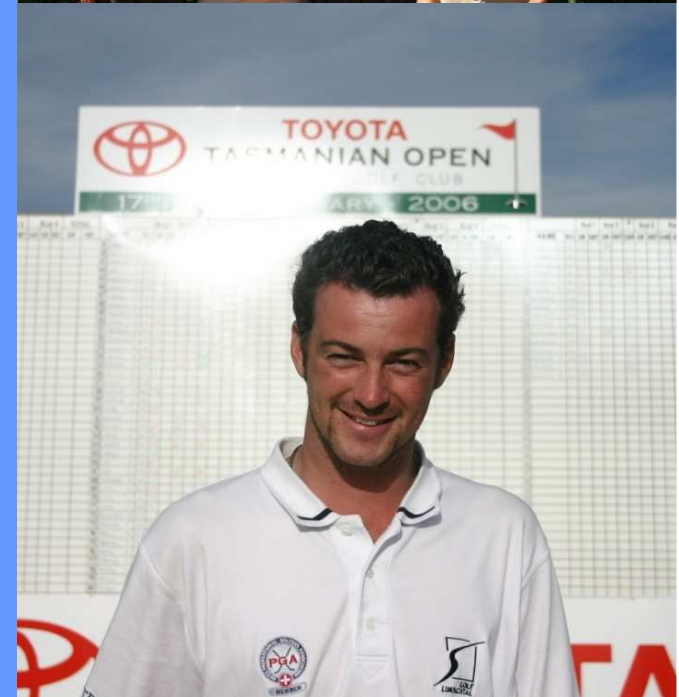
Tournaments

We encourage all our students to play in tournaments. A tournament schedule is currently being organised, and students have the opportunity to play in tournaments, dependent upon eligibility and time of visit. All tournament entry fees and expenses are the student's responsibility.

Amateur tournaments played in previous programs include; Australian Amateur, Lake MacQuarie International (both World Amateur circuit events), Tasmanian Open, Riversdale Cup and the Sunshine Open

Tournaments played in previous programs for professionals include;
LG Bing NSW Open, Australian Open, Nichigo Open and Tasmanian Open

More details under www.golfaustralia.org.au and www.alpg.com.au and www.pga.org.au

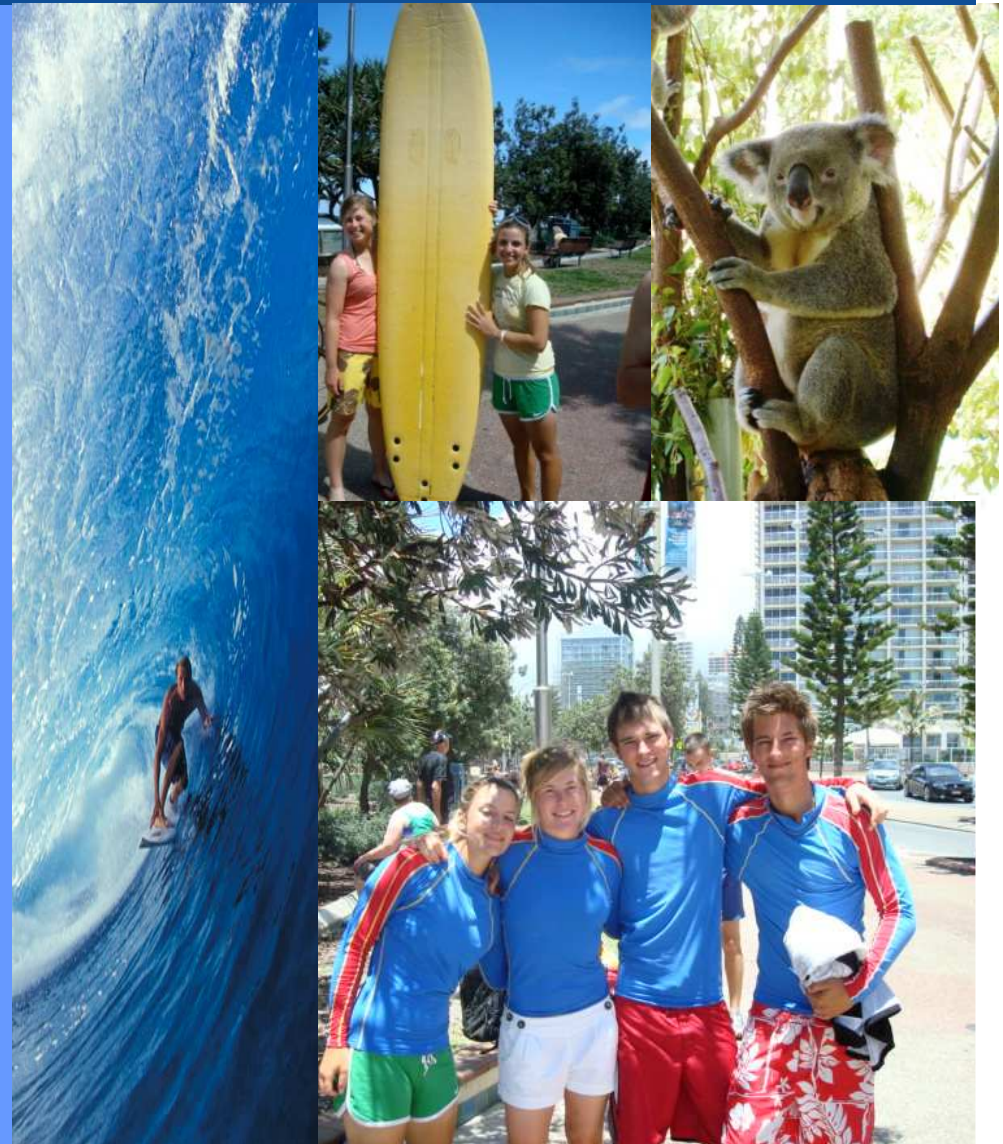


And experience Australia.....

One of our beliefs at ECGA is that quality, focused and motivated training in all areas of the game is essential for player development. But we also believe, that students achieve optimum performance when there is a healthy balance in their life, not golf 7 days a week, 12 hours a day. So students are encouraged to “rest and revive” at weekends so they are fresh for the training Monday to Friday.

We are located on the Gold Coast, 10km from Surfers Paradise. This region is the main holiday area in Australia, due to its wonderful climate and beaches. There are many theme parks in the area and there are many things to do and see on the days off from the Program.

Australia is a wonderful country with a wonderful climate, and we look that students have an truly memorable life experience during their stay with us.



Accommodation options

There are two options

Shared apartment/house

Students can make their own arrangements, or alternatively we will organise their accommodation for them should they wish. Room rental in a shared house/apartment is approx A\$120 – 300 per week, depending upon size, location etc. This does not include food. You have the choice normally to be placed with either fellow golfers or non golfers.

Homestay (Compulsory for Students under 18)

You will be placed with a local Australian family. Homestay is strongly recommended as from previous experience this gives Students the opportunity to meet new people outside golf, and to experience the Aussie culture at first hand. Normally, we look to place a minimum of 2 students per homestay house. The family will transport you to the golf club each day. This costs approximately A\$250 per week, for own room in a nice house, **inclusive of breakfast and evening meal.**



What does it cost?

Professional Players

2 month Program € 4,400

4 month Program € 8,800

Players must be a member of a recognized PGA or Tour

Elite Amateur Players

2 month Program € 6,340

4 month Program € 12,680



What is included and not included in the cost

Inclusive of

- Unlimited golf Mon to Fri (5 days) at Royal Pines Resort (temporary membership)
- Green fees at other course within the Academy timetable (Mon to Fri)
- Unlimited range balls and use of practice facilities at Royal Pines Resort (7 days a week)
- Gym membership (7 days) and weekly physical training sessions
- Tuition (20 hrs per week, although the golf program is organized for 40 hours per week)
- Logo merchandise – t shirts, hats etc
- All student learning material – mental training CDs, educational folder, GASP analysis software (Student version), Student workbooks, Statistical analysis software
- Transportation during the Academy timetable

Not included

- Accommodation (we can arrange this on your behalf and have many different options, including homestay, shared apartment rental etc)
- Transportation outside the academy timetable
- Tournament entry fees and expenses
- Medical Insurance
- Flight to Australia

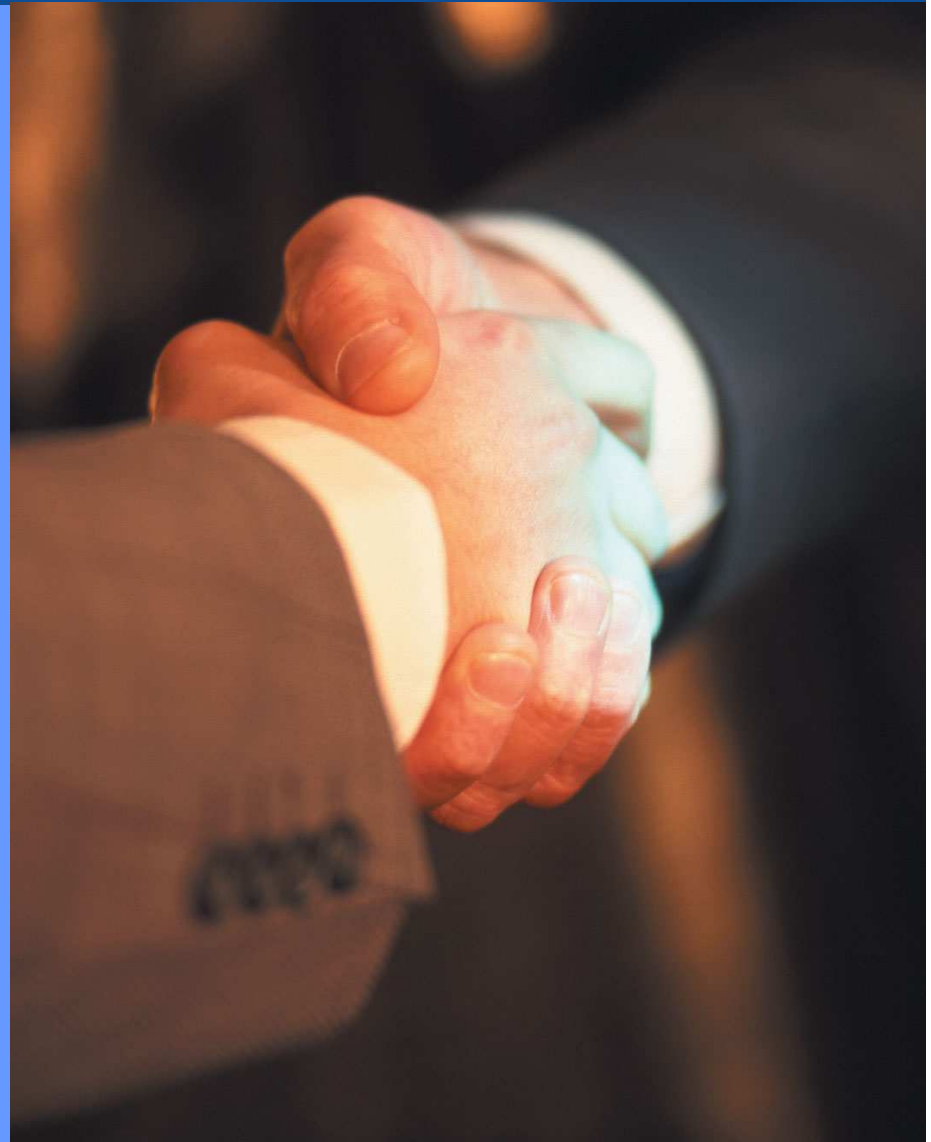
Other costs

- 95 € application fee
- 95 € accommodation student placement fee

How to finance such a program ?

Sponsorship

- We have been very successful in the past helping students obtain part or full sponsorship. If you would like some ideas on how to finance your trip, please send us an email. We will work together with you to help you structure a strategy to help you find the sponsorship you require.
- We offer several scholarships each winter, up to a *maximum* of 25% off the Program fees. This is subject to certain criteria. More details on application



What past students say...



“I gained a lot of understanding of my own golf swing, and my ball striking improved a lot. I really enjoyed the mental training, and now I know how I can practice this area of the game when I’m back in Finland. I reached all of my goals that I’d set myself. Outside the golf part of the program I really found the people interesting, and the beaches and trying surfing was absolutely great”

Joachim ALTONEN, Professional, SAS Masters Tour



“The mental and management parts were really interesting and beneficial. My swing improved a lot and I really enjoyed the atmosphere within the camp”

Nikke TYRY, H'cap +1 , Finland



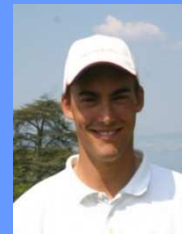
“ It was awesome – an experience of a lifetime. I can’t wait to go back next year. It’s like a University for golf pro’s”

Laszlo STREIT, H'cap 2, Switzerland



“The program surpassed my expectations – the mental and physical side were truly outstanding. This is exactly what every serious player should experience. ”

Lasse KOBBERUP, H'cap 0, Denmark



“ I feel that now I’m really on the road to achieving my long term goals in professional golf. Before I was trying hard and hoping that I could get there, but now I feel confident , motivated and empowered. I loved the integrated approach of all aspects of the game, and especially the linking of the physiology with my swing faults. It’s great being with a group of like minded players, and I loved the constant competition between the students. I can’t wait to go back next year”

Marcel ENGELHARDT, Professional, EPD Tour

What past students say...



“I like the fact that Jon is a performance coach, as opposed to swing or mental coach. I feel that everything we do is geared directly towards improving performance. It was truly an educational experience for me, and learning how to practise to develop competitive confidence was totally new to me. I’m really happy with my swing refinements and can’t wait for the season to start!”

Viva SCHLASBERG, Professional, SAS Masters Tour



“It’s a good way to prepare for the season, and I really enjoyed the Lake MacQuarie International tournament – competing against the best players from England, Scotland, Australia, Korea, New Zealand and of course Australia”

Hans Peter BACHER, H’cap +2, Austria



“I gained great experience from playing in the tournaments on the Australian Amateur circuit. I loved the competitive element in the training, and I achieved all my goals that I’d set for myself” ”

Oliver GILMARTIN, H’cap 0, USA



“I benefited greatly from all parts of the program – swing, short game, mental and the physical training. The new drills helped me feel the new feeling of the club on the ball, and I must continue to work on it when I’m back in Europe. The whole experience in Australia was truly wonderful – the perfect organization, your fascinating work, the facilities at Royal Pines – thank you!”

Wolfgang PISTONIK, Professional, Austria

The next step?

Interested in joining our Program?

Send an email to info@elitecoaching.com and we will email you an application form, together with a GMAP (Golfer Mental Aptitude Questionnaire), to see if we are suitable for you, and you are suitable for us.

Elite Coaching Golf Academy

Summer base

Evian Masters Training Center
Evian 74500, France

Winter base

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